

## Gowning Procedure

### BEFORE GOWNING

**Step 1:** (Pre-Entry) Don Hair Net and Shoe Covers after removing all jewelry and cosmetics.

**Step 2:** (Gowning) Wash hands and gown first pair of sterile gloves. Sanitize gloves after gowning each article if required.

**Step 3:** Apply mask and hood assuring a snug fit.

**Step 4:** Open vacuumed-packed apparel.  
Tear at notched edge.



**Step 5:** Grasp the blue line.  
Located on the inside middle back.



**Step 6:** Gently unfold coverall utilizing blue indicator line. Arms and legs are pre-drawn and snapped in place. Garment is already folded inside-out and unzipped.

### BEGIN GOWNING

Snaps allow gathered-up arms and legs to expand during gowning



**Step 7:** Hold garment at waist



**Step 8:** Put one leg in and point toe through opening until snap releases



**Step 9:** Do the same with the other leg



**Step 10:** Insert one arm and extend until snap releases



**Step 11:** Do the same with the other arm



**Step 12:** Slip thumbs through thumb loops



**Final Step:** Cross legs and zip up coverall



**After A5 Sterile Cleanroom Apparel is Gowned:**  
Add boot covers



Complete gowning by adding goggles and a second pair of sterile gloves.